

DISTANCE COMPUTER

Count the number of paces (your normal comfortable step length) for 100 feet. If there isn't room enough to mark off 100 feet use 50 feet and you will need to double the number of paces.

Line up the 100 on the outer circle with the paces triangle of the inner circle and then find the number of your paces on the outer circle that is equal to 100 feet and make a mark on the inner circle at that point. Label that mark "MY PACE".

To use the DISTANCE COMPUTER just set the number of feet you want to go on the outer circle opposite the PACES triangle of the inner circle and read off the number of your paces needed to go that distance.

Note: The outer circle is marked off logarithmically so it can be used for longer or shorter distances by adding or subtracting "0's" to the number given. For example if you want to go 900 feet, set the PACES triangle on 90 and just look up your number of paces given for your mark and add a zero to the number given to get the correct number. Just the opposite can be done for shorter distances.



